

## BLOOD SAFETY – KEEP TRANSFUSIONS SAFE

Help us keep the blood supply safe for patients by reading this information before you donate.

All donors are tested for infections that can be passed on by blood or platelet transfusions. **Early stage infection may not always show up on testing.** This is why we must take great care in donor selection and why you must not donate to see if you are infected. If you donate to see if you are infected you are putting patients' lives at risk.

### You must NEVER donate if:



You think you need a test for HIV or hepatitis. (You can get a test from your GP or a sexual health clinic)



You or your partner have HIV



You, your partner or close household contacts have hepatitis B or C\*



You have **ever** received money or drugs for sex



You have **ever** injected, or have been injected with, non-prescribed drugs; **even once or a long time ago.** This includes body building drugs and injectable tanning agents

### You must NOT donate for at least 12 months after:

- You last snorted cocaine or any non-prescribed drug
- You left prison

### You must NOT donate for at least 12 months after you last had sex with:



Anyone who has:

- HIV
- Hepatitis B
- Hepatitis C\*



Anyone who has **ever** been given money or drugs for sex



Anyone who has **ever** injected or who has been injected with non-prescribed drugs, **even once or a long time ago.** This includes body-building drugs and injectable tanning agents



Anyone who may **ever** have had sex in parts of the world where HIV is very common. This includes Africa and South East Asia\*

### Females only



A male who has **ever** had oral or anal sex with another male, even 'safer sex' using a condom or pre-exposure prophylaxis (PrEP)\*

### Males only



Another male, even 'safer sex' using a condom or pre-exposure prophylaxis (PrEP)

*All the above apply even if a condom or other form of protection was used.*

*\* There are exceptions so please speak to a nurse.*