

## DEFERRAL INFORMATION

**You may not be able to donate platelets today for the following reasons:**

REASON	DEFERRAL PERIOD
Under 18 years of age	Until 18th Birthday
60 years of age and over, if never donated platelets before	Indefinite
Weight less than 60kgs (9st, 6lbs)	Unless/Until Minimum Weight is Reached
Uncomplicated dental filling or scaling	24 Hours
Cough, cold or other minor illness	Until Recovered, i.e. No symptoms
Minor injury	Until Healed / Recovered
Dental extraction	One Week (minimum)
Flu or other infectious illness	Two Weeks After Finishing Antibiotics or Following Full Recovery From Symptoms
Surgical Procedure	Two Weeks – Six Months (please ask)
Travel to a Tropical Area	Three Months
Endoscopy (Scope)	Four Months
Ear, Face or Body Piercing, Tattoo	Four Months
Travel to a Malarial Area	Twelve Months
Pregnant or had a baby	Indefinite
MSM ( <i>men who have had sex with men</i> )	Twelve Months After Last Sexual Contact
Sexually Transmitted Infection ( <i>STI</i> ) <ul style="list-style-type: none"> <li>• Syphilis and Gonorrhoea</li> </ul>	5 Years Indefinite
Cancer	Indefinite
Blood transfusion after 1 <sup>st</sup> January 1980 in the Republic of Ireland or at any time outside the ROI	Indefinite
Ever Injected Drugs - even once or a long time ago	Indefinite
Spent 1 year or more in the UK* between 1980 - 1996 including living, working, or on holidays. <i>*(England, Wales, Scotland, Northern Ireland, Channel Islands, Isle of Man)</i>	Indefinite
Cardiac ( <i>Heart</i> ) Condition	Please Ask

These are some of the common reasons for deferral but there may be other reasons you are not eligible to donate, please see [www.giveblood.ie](http://www.giveblood.ie) When you become eligible to donate please return as platelets are always needed.